

# Gifted/Twice-Exceptionality Fact Sheet

## Attention-Deficit/Hyperactivity Disorder (ADHD)

The term “twice-exceptional,” (aka “2e”) is used to describe gifted children who, have the characteristics of gifted students with the potential for high achievement and give evidence of one or more disabilities as defined by federal or state eligibility criteria.

Attention-deficit/hyperactivity disorder (ADHD) is a neurodevelopmental disorder marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development. It is often diagnosed in childhood and can last into adulthood. There are three primary symptoms:

- **Inattention** looks like getting off task, lacking persistence, difficulty sustaining focus, and disorganization
- **Hyperactivity** looks like moving about constantly, including in situations in which it is not appropriate; or excessively fidgeting, making noises, tapping, or talking.
- **Impulsivity** looks like making hasty actions that occur in the moment without first thinking about them or a desire for immediate rewards or inability to delay gratification. An impulsive person may be socially intrusive or make important decisions without considering the long-term consequences.

There are three types of ADHD:

- 1). Primarily Inattentive
- 2). Primarily Hyperactive
- 3). Combined Presentation

Treatment:

- 1) Medication – many providers will prescribe a stimulant medication to help kids manage their behaviors
- 2) Behavioral Therapy – Helping kids to organize themselves and use supports and structure to help them regulate themselves.
- 3) Executive Functioning support – working on setting/keeping a schedule, starting and stopping tasks, time management.
- 4) 504 Plans at School – structural and behavioral support in the school environment
- 5) G/IEP – accommodating the major strengths and weaknesses of a 2e profile. We want to play to the strengths of the child and support the weaknesses as best as we can.

Diagnostic Checklist:

<https://www.davidsongifted.org/search-database/entry/a10226>

Further reading:

<https://www.additudemag.com/twice-exceptional-adhd-signs/>

<https://sethperler.com/child-2e-twice-exceptional-ultimate-guide/>